

# DON'T LET LEAD HITCH A RIDE HOME



## Breathing or swallowing lead dust can cause



Brain damage    Memory loss    Trouble concentrating  
Depression    Nerve damage    Learning disabilities  
Headaches    Trouble sleeping    Aggressive behavior  
Irritability       Lower IQ

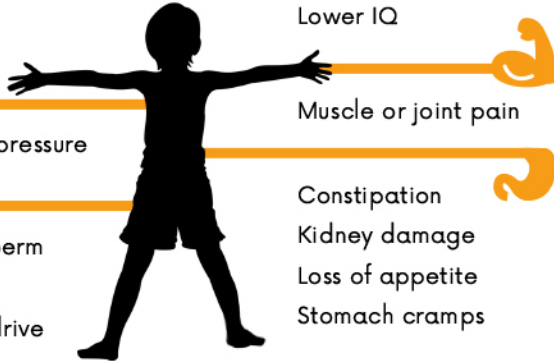


High blood pressure



Abnormal sperm  
Impotence  
Loss of sex drive  
Infertility

Miscarriage, preterm labor, or stillbirth



Muscle or joint pain



Constipation  
Kidney damage  
Loss of appetite  
Stomach cramps

Most kids and adults with lead poisoning  
do **NOT** feel or look sick.

It can take years for  
the effects of lead exposure to appear.

Many jobs and hobbies may expose you to lead including:  
plastic/glass manufacturing, automobile repair, radiator  
repair, battery manufacturing, iron/steel working,  
welding, soldering, mining, road construction,  
firing ranges, demolition, renovation

# PROTECT YOUR FAMILY FROM LEAD

## Keep yourself and your family safe:



Wash your hands before  
eating, drinking, smoking or  
touching anything



Change your clothes and shoes  
before going home or getting  
into your car



Wash lead-exposed clothes  
separately from regular laundry



Use a HEPA vacuum to clean  
lead dust from your car and  
home



Talk to your doctor about a lead  
test if you suspect exposure

Visit [nvclppp.org](http://nvclppp.org) or call to learn more

Northern Nevada: 775-453-0434

Southern Nevada: 702-895-1040



This publication was supported by the Grant or Cooperative Agreement Number, 1 NUJ2E H001366-01-00, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.