

Nevada Childhood Lead Poisoning Prevention Program

Maintaining a Healthier and Safer Home: Practical Steps for Families with Young Children

Healthy Homes

NvCLPPP's Healthy Homes presentations provide information to address everyday health hazards in the home such as lead hazards and asthma triggers as well as how to reduce preventable injuries. Our home and some of the things we bring into it can affect our children's health. For instance, lead can be found in paint in pre-1978 homes and in some cases ceramic dishware, spices, candies, and toys. Lead exposure is known to lead to learning difficulties and behavioral problems. Other hazards can trigger or exacerbate health conditions or cause injuries. Learning about these hazards can help you determine ways to protect your health and prevent injuries to keep you and your family safe. Healthier homes mean healthier kids that can go to school ready to learn.

Learning Objectives

- Describe at least one housing condition and the associated health problems
- Identify at least one of the eight healthy homes principles
- Identify one population at higher risk for housing hazards
- Describe one step to reduce household hazards
- Apply at least one strategy for successful upkeep in your home

Outline of presentation

- How Our Homes Impact Our Health
- Keep It Contaminant Free--Hidden Dangers Of Lead Poisoning
- Keep It Pest Free- Using The Least Harmful Approach
- Keep It Safe-Preventing Injuries, Falls, And Other Accidents
- Keep It Ventilated/Dry--What Is Indoor Air Quality?
- Decreasing Asthma Triggers
- Keep It Clean-- Strategies For Successful Upkeep
- Keep It Maintained—Take Care Of Issues While They're Small
- Keep It Temperature Controlled
- Housing Resources
- Tenant Rights