

My Very Own

LEAD POISONING PREVENTION COLORING & ACTIVITY BOOK

Hi! I'm Tommy!
Do you know
about lead?



NvCLPPP

Nevada Childhood Lead Poisoning Prevention Program

“

The mission of the Nevada
Childhood Lead Poisoning
Prevention Program
(NvCLPPP) aims to reduce the
long-term health risk of
childhood lead poisoning
through improved methods of
surveillance, education, and
intervention.

”

Mission

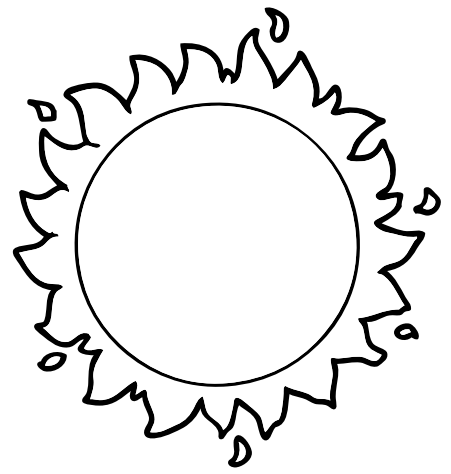
“

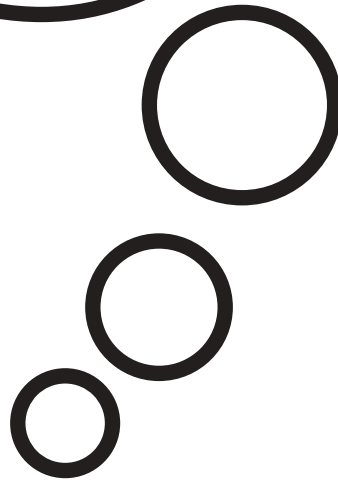
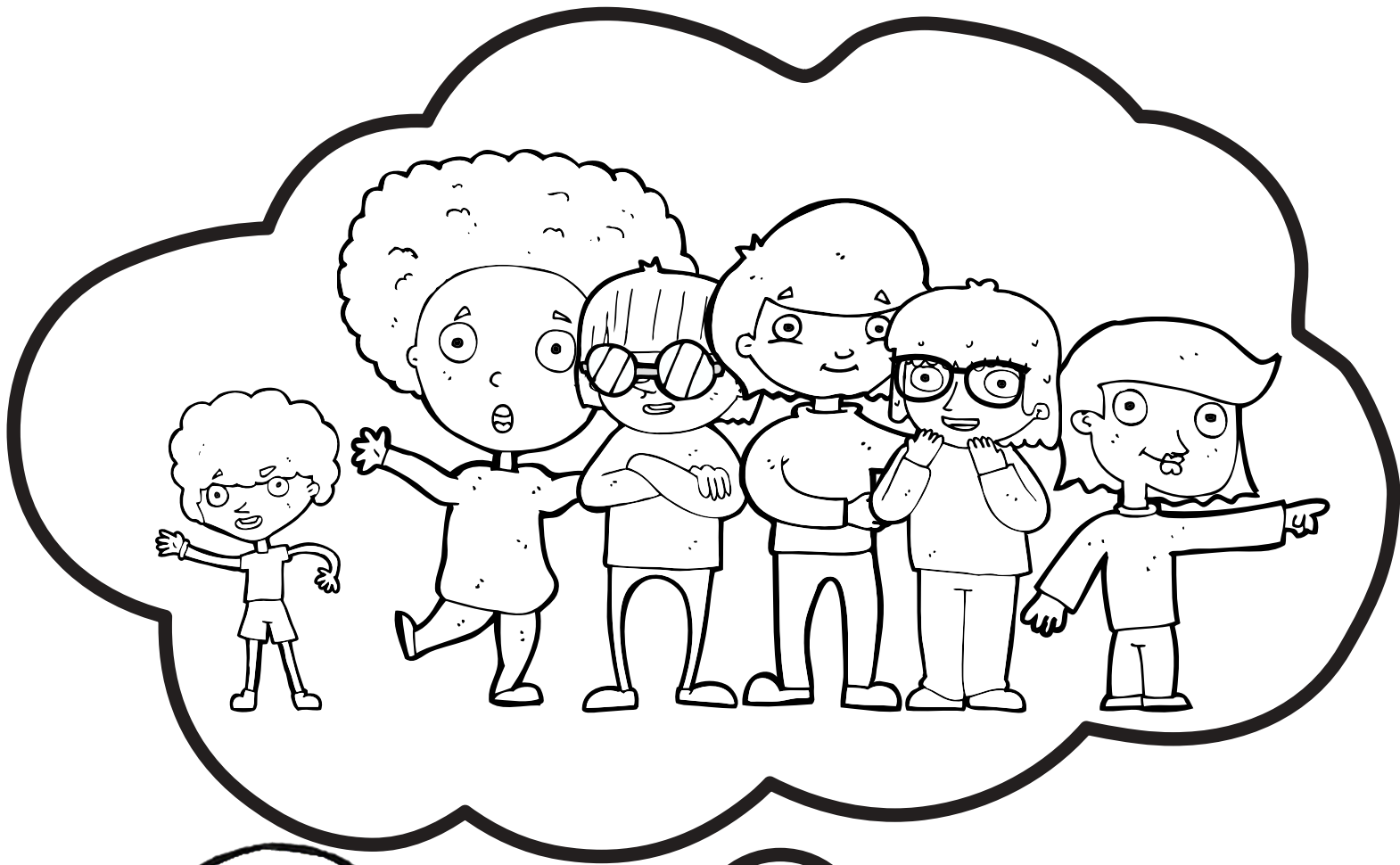
Our vision is to promote a
lead-safe home environment
so that all Nevada children
can achieve their full
potential.

”

Vision

Nevada
Childhood
Lead
Poisoning
Prevention
Program





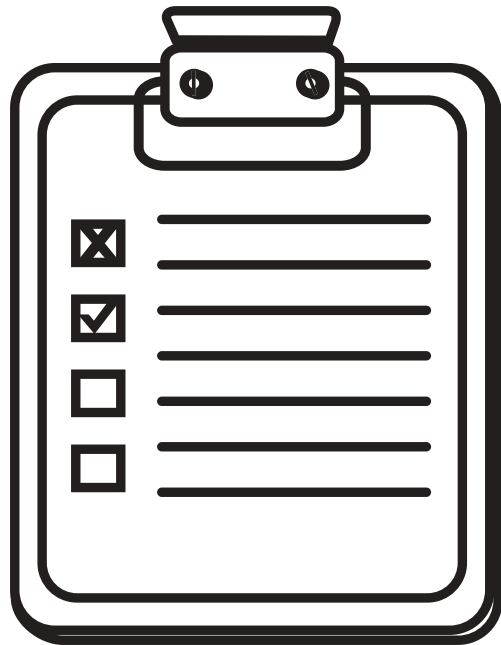
Tommy's mom is worried. Tommy is a little bit smaller than the other kids in his class.

She has read about lead poisoning. So she takes him to the doctor for some help.

REQUEST A LEAD TEST



Your doctor can give you a blood test and let you know if you have lead in your body.



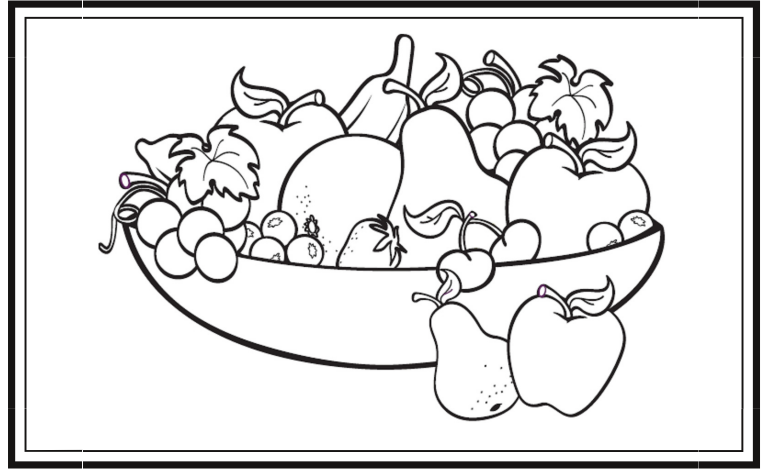
The doctor asks if Tommy's family lives in a house built before 1978.

She also asks if they have any pets.

Ask your doctor
about

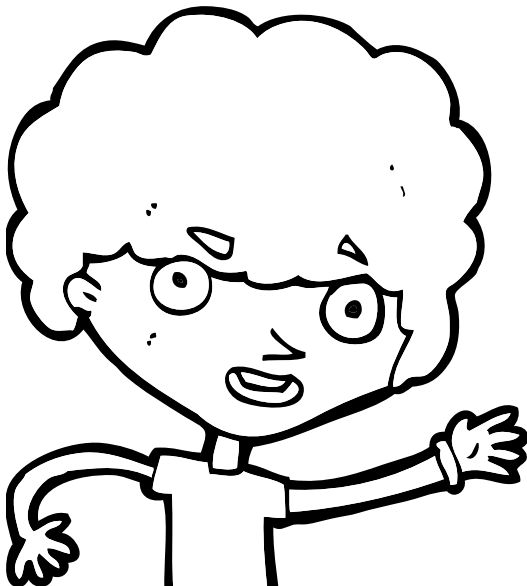


pregnancy and
lead poisoning



Our house is
very old. It was
built in 1956.

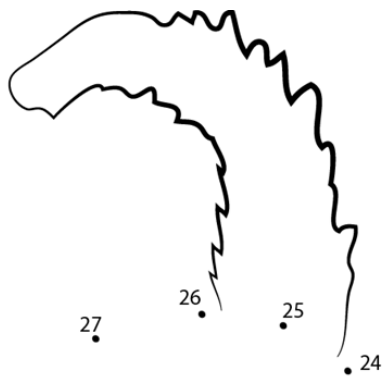
Our dog's name
is Max.



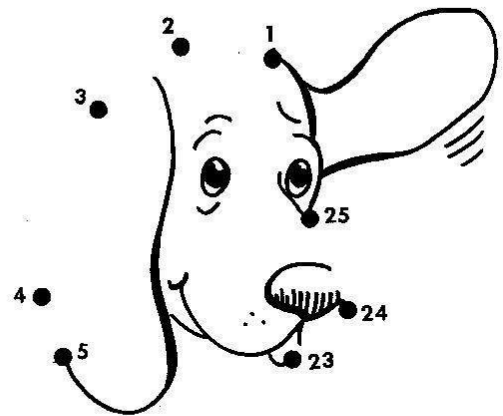
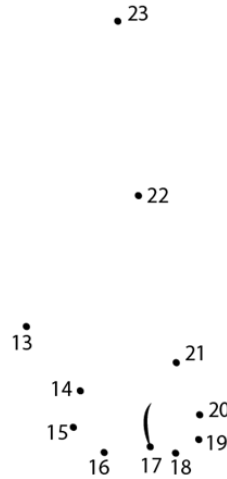
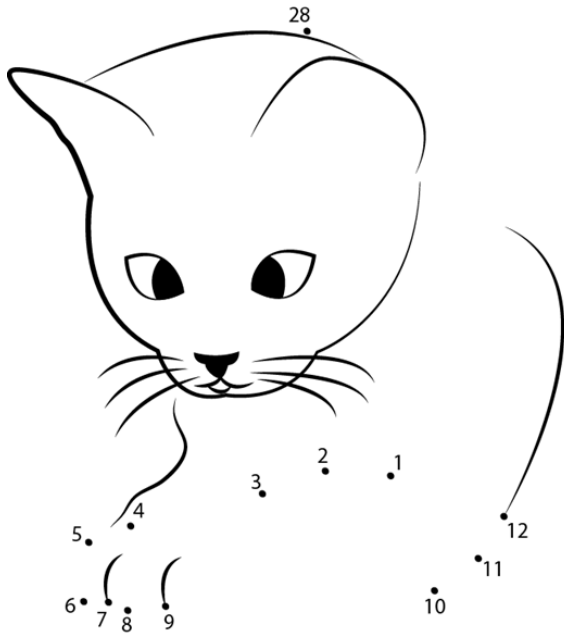


Houses that are built before 1978 may be painted with lead paint.

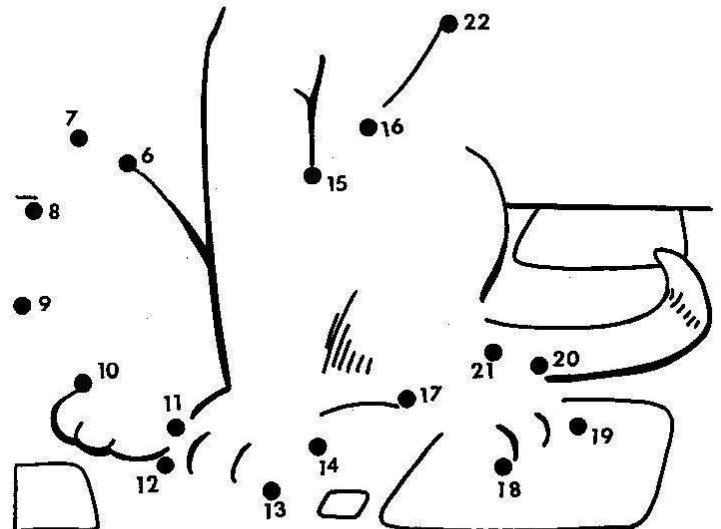
When these houses get older, the paint starts to peel off or starts "chipping".



Connect the dots!



If your cat or dog likes to play outside, they could bring in lead from the dirt.



Tommy is smaller than his friends are.
The doctor tells Tommy's family that there
are other things that lead poisoning can
do to his body. Sometimes symptoms do
not show up until it is too late to fix them.

Remove the source of lead.

Eat your fruits and vegetables.

Always wash your
hands before eating.

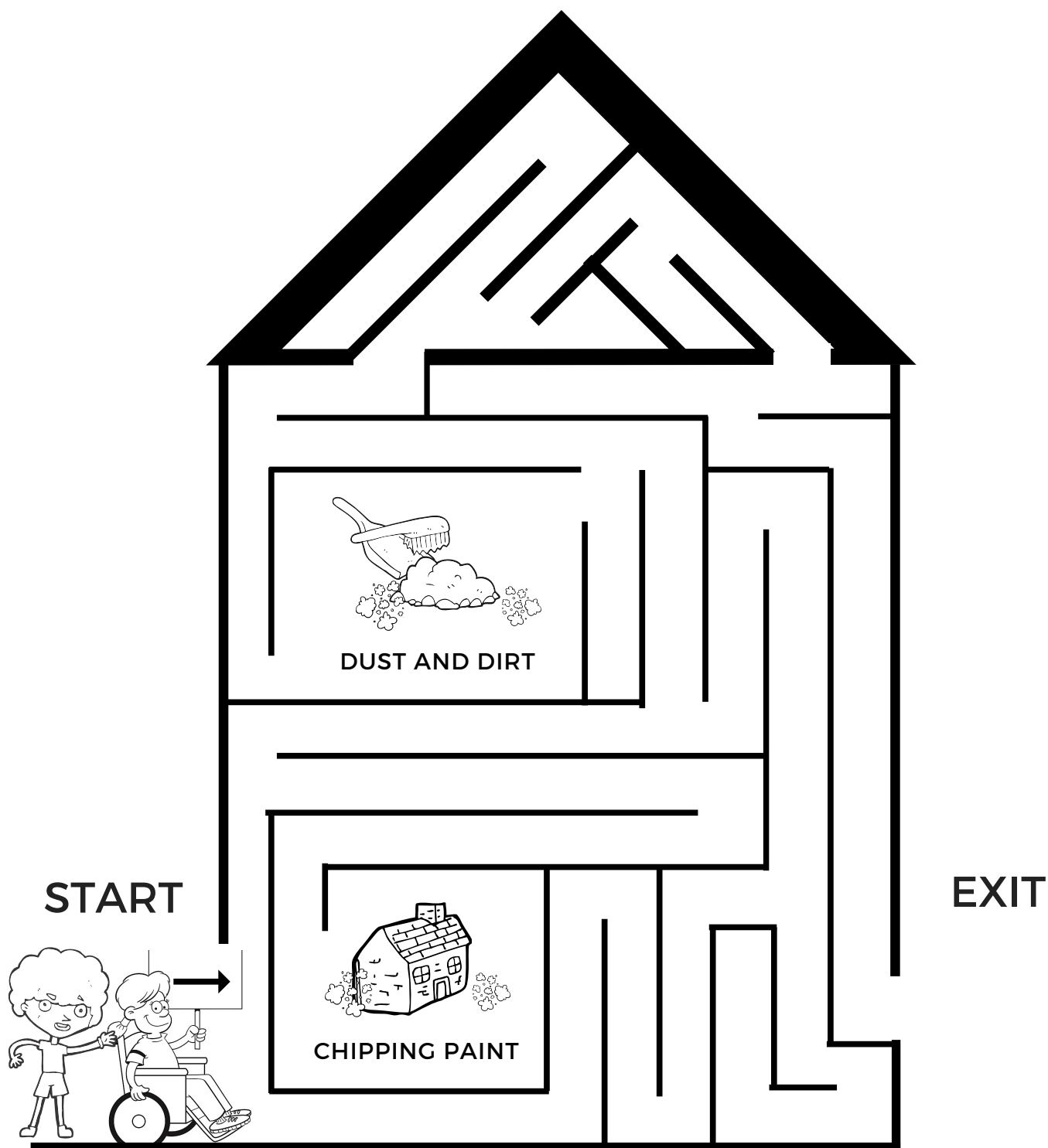
Doctor Darcy tells him
and his mom not to
worry.

There is help for him.

He and his family can
do a lot to take care of
lead poisoning.



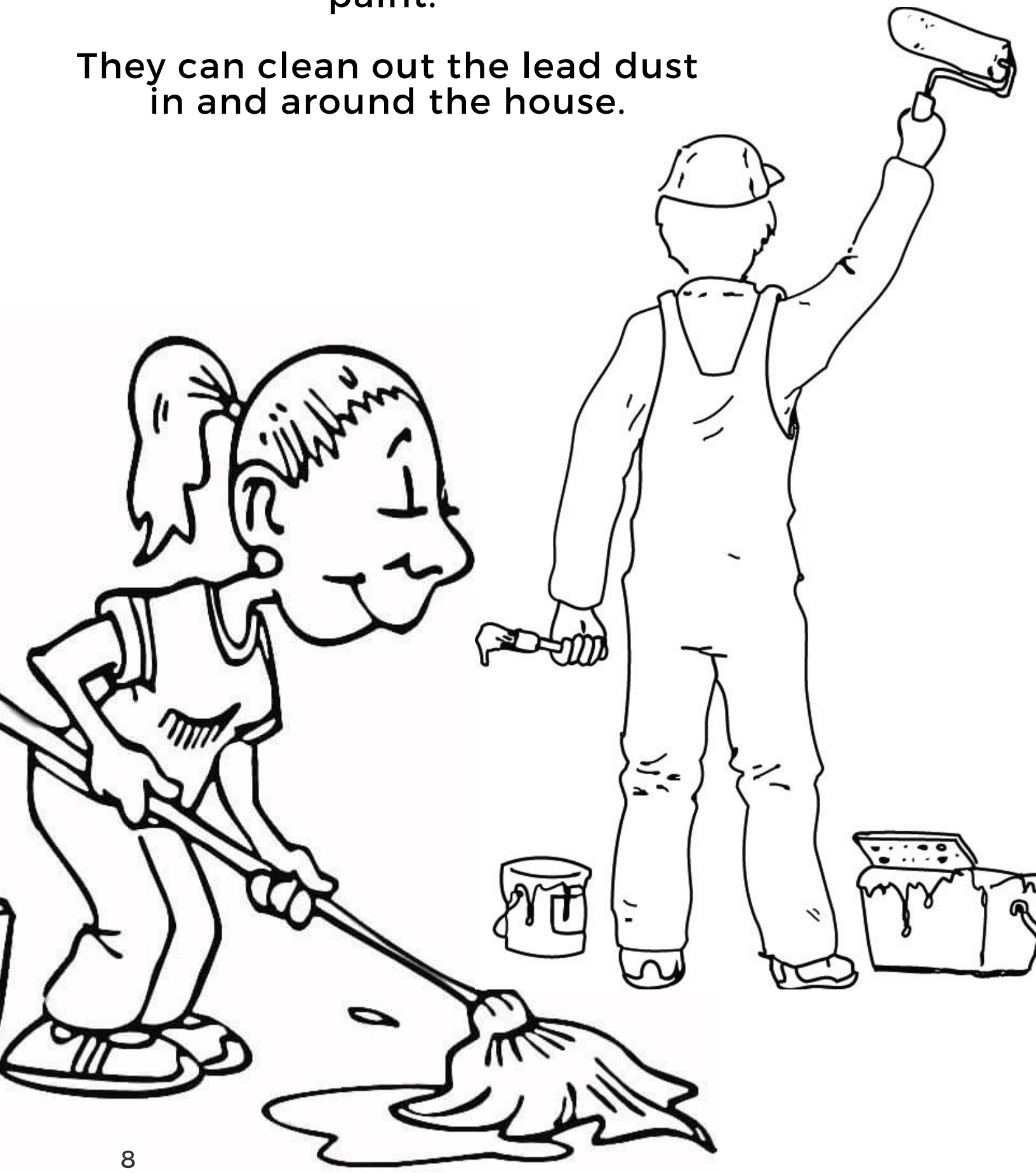
Be careful of dust and chipping or old paint.
It needs to be removed safely.



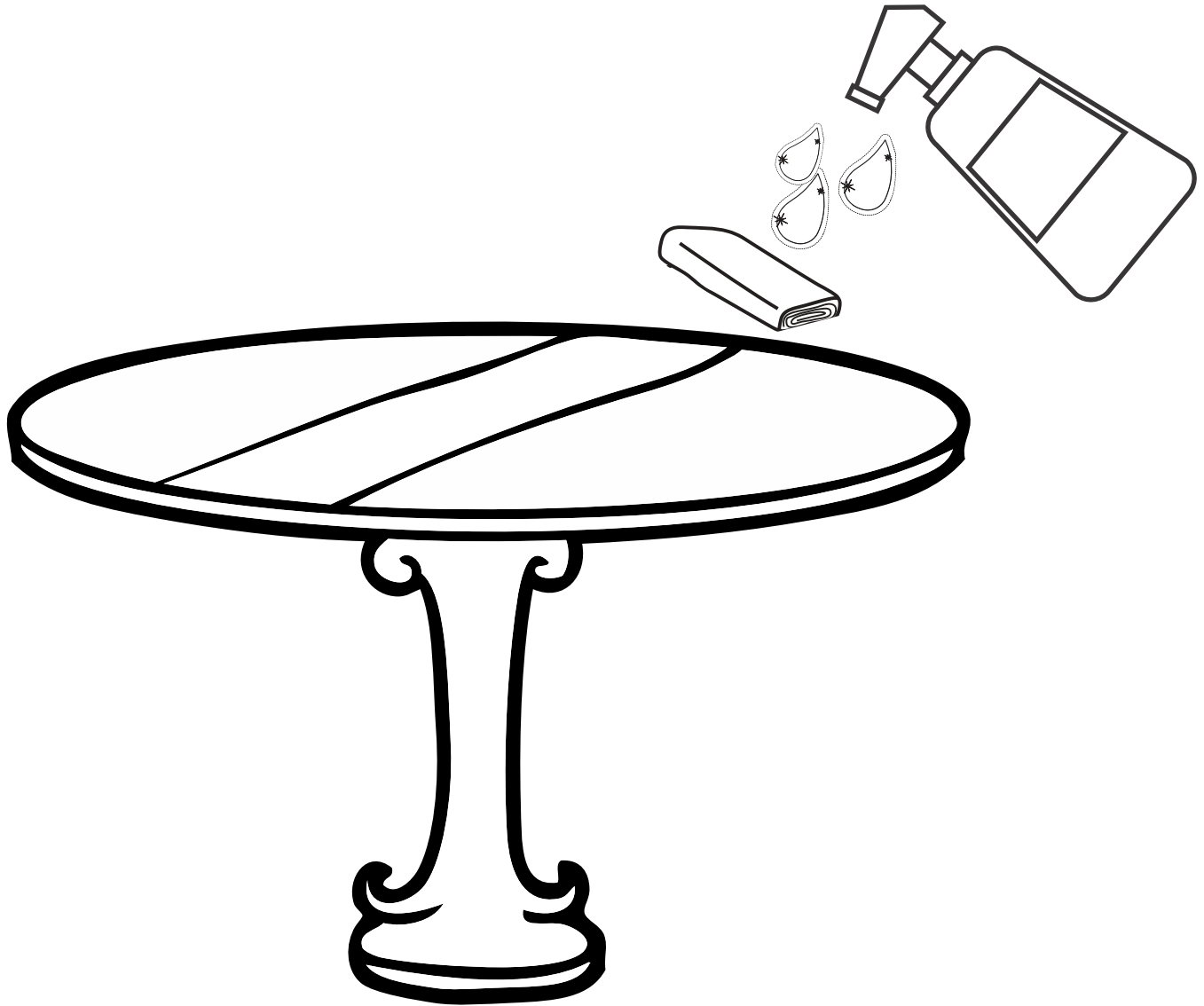
**HELP TOMMY AND HIS FRIEND
AVOID THE LEAD!**

Contractors licensed to fix lead hazards can safely remove lead paint.

They can clean out the lead dust in and around the house.



Tommy and his family should use "wet" cleaning at home.

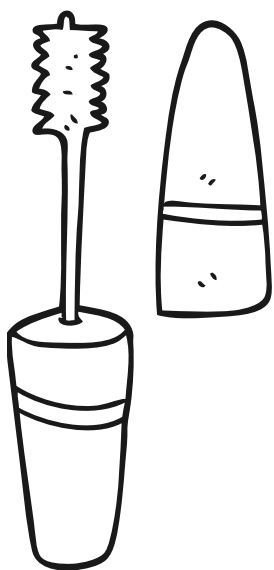


Wet cleaning is safer! Use a wet rag to clean up dust on hard places like tables, counters, and floors.

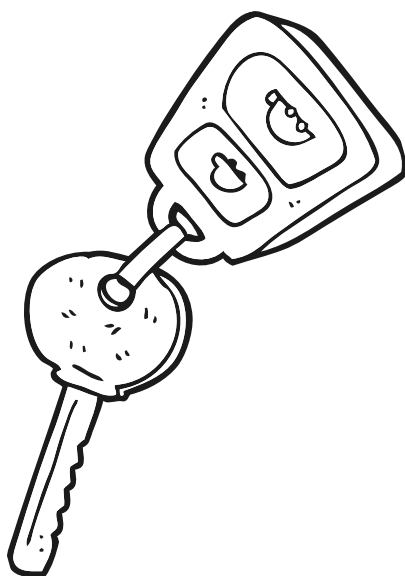
Some dust may have lead in it. Wet cleaning makes sure you don't breathe in dust!

Many everyday things may contain lead.

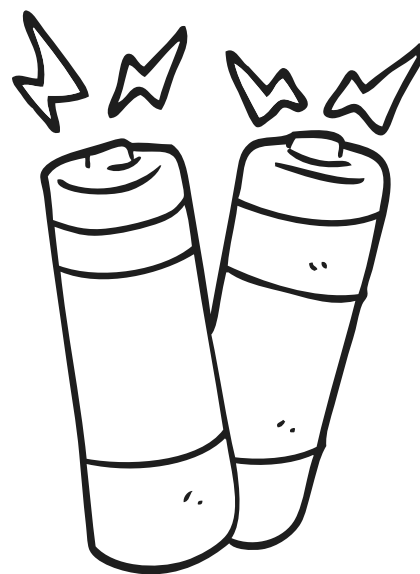
Tommy should avoid eating or putting them in his mouth.



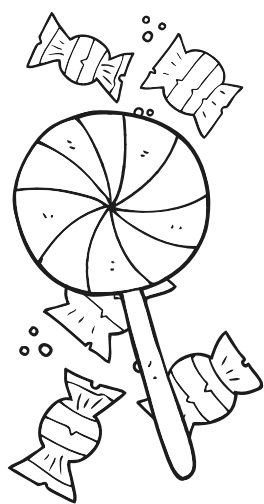
MAKE UP



KEYS



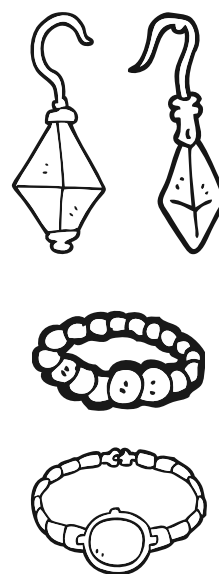
BATTERIES



**IMPORTED
CANDY**



POTTERY



JEWELRY

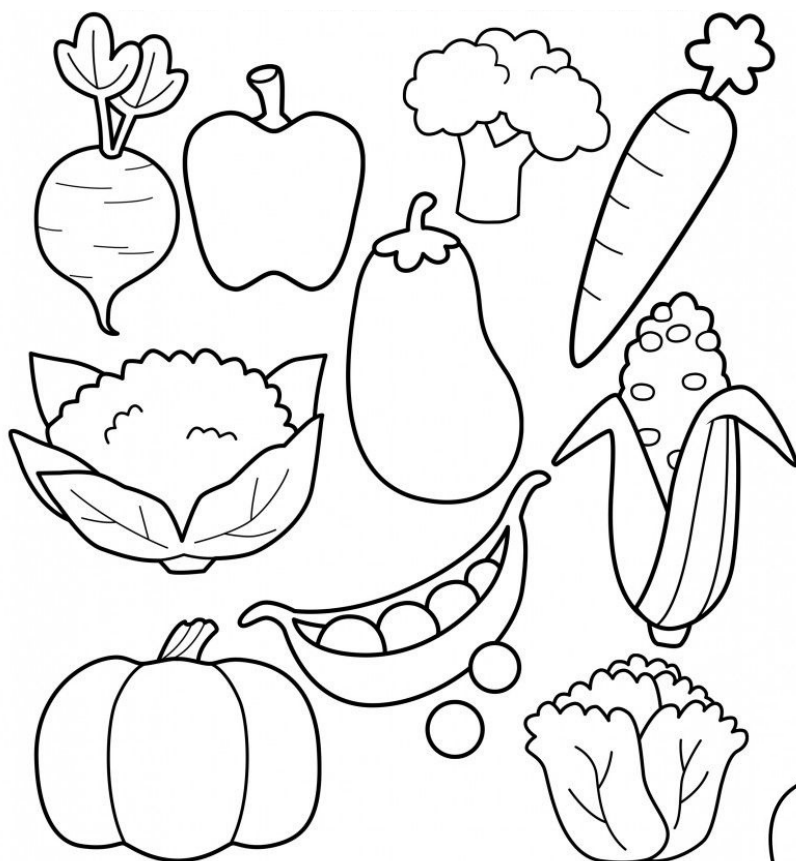
Where is lead?

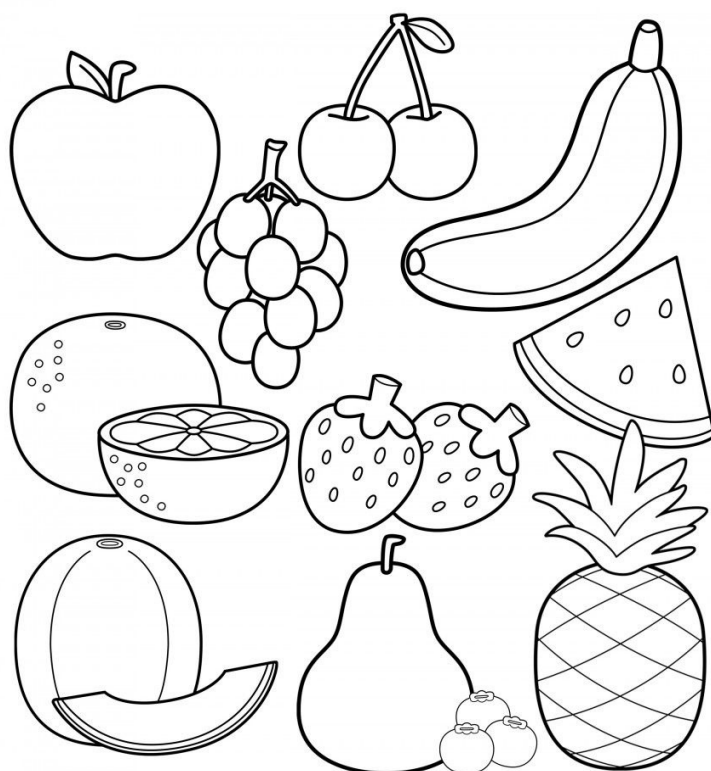
Word Search

C O W Y S Z S X V A B Z G N X
S A I P T Y W E G A Z P B F W
H X N Z V V O G G E O D V B I
X J C D N S D T I M W Y Y S G
S A M D Y K N Q P A A J E T E
H D A E L X I B T F U D F O I
O B C R M E W E A F S Y X P S
E P X V R V R A L E I Q O B V
S H K P N Y N S C S O I L R N
Z P H E L N R I D P O C W H D
Y R E T T O P L U X H K Z Y P
X G W T R S H T E P N E X I L
K E U O S C S P R W W Y L X Y
P A I N T U Q O I I E S R W J
O A D E D Q P E V O N J P D E

CANDY	LEAD	POTTERY	TOYS
DUST	PAINT	SHOES	WATER
JEWELRY	PETS	SOIL	WINDOWS
KEYS	POTS	SPICES	

Can you name some of these fruits
and vegetables?





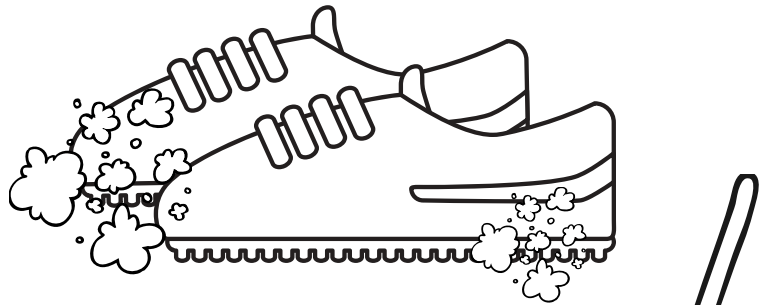
Fruits and vegetables have important vitamins
and minerals. They help make your body strong.

Foods high in calcium and iron can help
remove lead from the body.

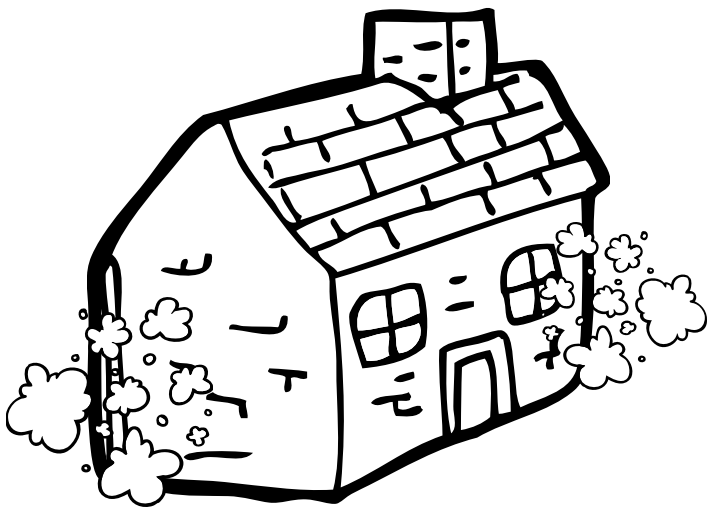
Remember to:



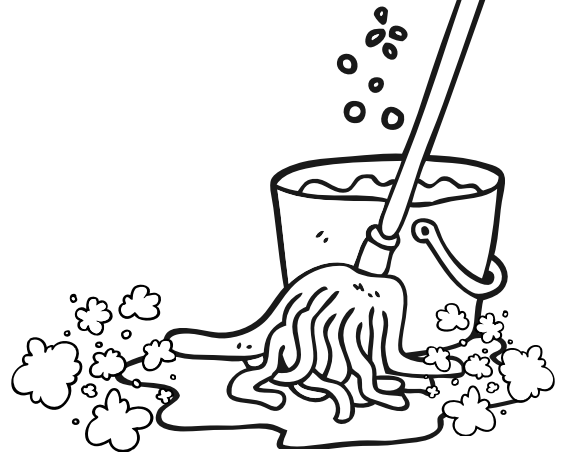
**WASH YOUR HANDS
BEFORE YOU EAT**



**LEAVE YOUR SHOES
AT THE DOOR**



**STAY AWAY FROM
PEELING PAINT**



**WET CLEAN UP
DUST AND DIRT**



**AND
GET A
LEAD TEST!**



Great Job!

(Your Name)

5 things I learned about lead poisoning.

1. _____
2. _____
3. _____
4. _____
5. _____

FOR MORE INFO

VISIT OUR WEBSITE AT:

WWW.NVCLPPP.ORG

CALL:

702-895-1040

Parents,
to learn more
about lead
poisoning visit
our website or
give us a call!



NvCLPPP

Nevada Childhood Lead Poisoning Prevention Program

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